

Friedman Chiropractic, Inc.



VOL. 15

NEWS

NO. 4

HEALING THE BODY ELECTRIC

One cannot overstate the importance of good liver function in the ability of the patient to resist disease. Weighing approximately 3.3 pounds, the liver is the largest body gland and houses millions of cells that filter and protect the body from toxins. It discards all unwanted substances before they enter the bloodstream and do damage.

Dr. George Crile, M.D. noted that the rich nerve supply around the liver and gall bladder is “comparable to the telephone exchange in a large city.” With such an extensive neural network, one can see that a sluggish and toxic liver will affect the function of all abdominal organs. A fuller understanding as to why Nature has so many nerve connections in the right upper area of the abdomen has been

revealed by the research of Dr. Crile many years ago in his book, *The Bipolar Theory of Living Processes*.

Dr. Crile, a well-known 20th century heart surgeon, and author of many books during his lifetime, probed deeply into the cause of life and death physiology and concluded the body is magnetic or electric. He stated: “We may consider then that electricity [i.e. magnetism] keeps the flame of life burning in

the cell and that the flame supplies the electricity which is the *vital force* of the animal.”

We all know a car battery has positive and negative poles, which permits the electric circuit to flow and the car to start. Similarly, the human body also has magnetic poles which allow the electrical

*“I Sing the Body
Electric.”*

Walt Whitman

FRIEDMAN CHIROPRACTIC, INC.

Jeffrey I. Friedman, D.C., Director

711 D St., No. 104 • San Rafael, CA 94901 • (415) 459-4646

405 D St., Ste. 2 • Petaluma, CA 94952 • (707) 773-0288

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Autonomic Nervous System to work. Dr. Crile found in laboratory research that the liver, which accumulates waste products and keeps the circuits clear, is a negative pole, and the brain is a positive pole. The liver and the brain create the electric charge that allows the nervous system to control and regulate body functions.

Dr. Crile concludes that “unless the grand circuit between the brain and the liver are kept intact and active, life cannot continue.” The doctor recommended that a healthy circuit is dependent upon adequate water, good circulation, plentiful sleep, warm abdominal packs and drinking of warm water.

The good doctor did not have the advantage of exposure to traditional chiropractic science. Chiropractic methods help to regulate the nervous system, which is the physical manifestation of Crile’s electric-magnetic energies. A further advancement in chiropractic has been the development of Terrance Bennett’s *Neurovascular Dynamics Method*, which focuses on increasing circulation to the right upper abdomen, the site of the liver and gall bladder. A combination of the Crile suggestions, modern nutritional therapies, and NVD chiropractic are invaluable in promoting health and healing.

Office News: Dr. Friedman is now working most Saturdays.



Pythagorean Center for Natural Healing

A Facility of Friedman Chiropractic Inc.

With the inception of our website, we decided to personalize Friedman Chiropractic, Inc. in honor of a physician-philosopher whose approach to natural healing epitomizes our methods.

His name was Pythagoras.

For more information on this remarkable man, please visit our website.

Applied Kinesiology...

...is a diagnostic tool using the muscle structure of the body to aid in the examination of a patient. Its use allows immediate feedback aiding the doctor in making decisions on what type of care the patient needs.

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This newsletter is intended to provide health information to improve quality of life and assist users to better understand their health and arrange more easily for healthcare services. It is not an attempt to replace the need to seek healthcare services nor to provide specific healthcare advice. Information provided should not be used to diagnose or dispute a qualified healthcare professional’s judgement. If you have any questions, please give our office a call or check with your local healthcare professional.