

Friedman Chiropractic, Inc.

VOL. 14

NEWS

NO. 11

NVD STORIES

In previous newsletters we have outlined the neurological basis of Neurovascular Dynamics. The human organism operates by reflexes or relays, meaning that our organs are networked and support each other in a holistic way. In fact, Gray's Anatomy, 29th edition, states that "the nervous system controls and co-ordinates all organs and structures of the human body."

We know that many human ills come from injury or trauma to the muscles and bones. However, an equal number of painful conditions come from disturbed nerve signals arising from the internal organs. These signals rise to the body surface and we then become aware of them. The following case histories illustrate how deep interior signals arise from the internal organs due to stress and diet and cause as much pain as if one fell down the stairs.

Case of Chronic Low Back Pain:

"The patient, a 37 year old male tile setter, doing heavy physical work, developed lower back pain. He sought help from various

therapists with little relief. CT and MRI's were negative. He worsened over time and had difficulty sitting, standing, working and getting out the bed. He then developed right knee pain. The first 4 treatments were to the cranial emotional areas and the duodenum, pancreas, and gall bladder. Such an approach was to calm the emotional sensitivity

and improve gall bladder function. The patient was also put on a supportive diet. By the fifth treatment the patient reported minimal back pain and increased physical energy. By the 7th treatment, the patient was completely symptom-free." *Personal notes of William Nelson, D.C.*

Discussion: This case was primarily related to poor diet and emotional stress causing liver-gall bladder irritation and congestion. The portal vein, which transports blood from the lower abdomen and legs to the liver for cleansing, has slowed in circulation causing

low back spasms. Re-setting the nervous system with NVD and dietary change resolved the condition.

Case of Sciatica: "This case involved a 47 year old woman with onset of left leg sciatica after taking

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— Gray's Anatomy, 29th edition

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a new job driving in rough mountain areas. She had run a fever of 101 for 2 days before the onset of back and leg pains. Her last menses had been extremely difficult. Abdominal palpation revealed an extremely sensitive left ovary reflex. The patient was treated on the left ovary reflex 3 times and her left leg sciatica was completely relieved.”
Personal Notes of Terrance Bennett, D.C.

Discussion: The sensory nerve supply to the ovary also supplies the low back region and thigh. The congestion and inflammation in the ovary spilled over to also cause sciatica. Normalizing circulation to the ovary healed the complaints.

Case of Left Shoulder Pain:

“A 37-year old male suffered severe aching of the right shoulder for 2 weeks. Pain extended from the scapula to the elbow and was unremitting, even making sleep and eating impossible. As the patient had not responded to previous chiropractic care, it seemed reasonable that diet and emotions might be contributory to the present condition as his father had recently died. Using NVD, the treatment areas

were the 2nd and 3rd segments of the duodenum, pancreas and gall bladder plus dietary change. By the end of the third week, the patient was referred pain-free back to his family chiropractor.” *Personal Notes of William Nelson, D.C.*

Discussion: The gall bladder, when inflamed, frequently refers to the right shoulder region. In this case, prolonged and profound grief disturbed the enteric or abdominal nerve centers which via nerve connections triggered shoulder spasms. Normalizing the abdomen resolved the condition.

These stories illustrate an observation made by George Goodheart, D.C., the chiropractic founder of holistic system *Applied Kinesiology*, that “the body is intricately simple and simply intricate.” Everything is connected both in simple and sometimes complex ways. That complexity can be best treated by addressing a person’s chief complaint but also by making sure that other possible causes are investigated and addressed. Neurovascular Dynamics allows for a more complete health evaluation.

Office News: Dr. Friedman now working most Saturdays.



Pythagorean Center for Natural Healing

A Facility of Friedman Chiropractic Inc.

With the inception of our website, we decided to personalize Friedman Chiropractic, Inc. in honor of a physician-philosopher whose approach to natural healing epitomizes our methods.

His name was Pythagoras.

For more information on this remarkable man, please visit our website.

Applied Kinesiology...

...is a diagnostic tool using the muscle structure of the body to aid in the examination of a patient. Its use allows immediate feedback aiding the doctor in making decisions on what type of care the patient needs.

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