

# Friedman Chiropractic, Inc.



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NEWS

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## OUR HIDDEN SUPPORT SYSTEM

The human body possesses an innate barrier that protects it from invasions of bacteria, viruses, extreme weather conditions and a host of other existential threats. This protective layer, recognized by yoga (prana) and acupuncture (Qi), is also the source of life support and nourishment for us. This field or cloud of energy is called the etheric or invisible body or elan vital (vital force).

Science has mapped this via the SQUID machine and is known as the electromagnetic field. It cannot be seen with the eye but it extends 2 inches off the body and it is an exact blueprint of the human form.

Chiropractic believes that this **Innate**

life force both runs and heals the body and also it manifests itself in the human nervous system. When the etheric body becomes obstructed, we are more susceptible to developing illness. That is because there has been a blockage between the electromagnetic and the physical bodies followed by diminished movement of vital life energy or prana.

Traditional Eastern health sciences are based on this universal life force or prana which is considered the source of our vitality. In reality, the etheric energies and the nervous system are **one** because each one is necessary for health. The etheric body receives and transfers universal prana and the

*“Treat the invisible body.”*

*Socrates*

### FRIEDMAN CHIROPRACTIC, INC.

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autonomic nervous system serves as an intermediary which allows the body to absorb this invisible nutrient.

The prana is absorbed into our physical body via the nerve sheaths and fibers. It uses the nervous system as its line of communication throughout the body in the same way that the arteries and veins are used as the means of circulation of the blood. It is the condition of our nervous system that either opens or closes the gate to abundant energy. All chiropractic methods address the nervous system, but it is only chiropractic Neurovascular Dynamics that addresses the enteric nervous

system (gut). The solar plexus or gut is where the majority of universal vital energies are absorbed and then distributed throughout the body.

Our responsibility is keeping a balance between the parasympathetic and sympathetic nervous systems. We can do that by some of the following measures: therapeutic Hara Breathing, good sleep, exercise, managing emotional stress, meditation and prayer. We can also do that with NVD Chiropractic which harmonizes our autonomic nervous system and puts us in the flow of universal energies and healing..

**Office News: Dr. Friedman is now working most Saturdays.**



## Pythagorean Center for Natural Healing

A Facility of Friedman Chiropractic Inc.

With the inception of our website, we decided to personalize Friedman Chiropractic, Inc. in honor of a physician-philosopher whose approach to natural healing epitomizes our methods.

His name was Pythagoras.

For more information on this remarkable man, please visit our website.

### Applied Kinesiology...

...is a diagnostic tool using the muscle structure of the body to aid in the examination of a patient. Its use allows immediate feedback aiding the doctor in making decisions on what type of care the patient needs.

**Visit Our Website!**

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#### DISCLAIMER

This newsletter is intended to provide health information to improve quality of life and assist users to better understand their health and arrange more easily for healthcare services. It is not an attempt to replace the need to seek healthcare services nor to provide specific healthcare advice. Information provided should not be used to diagnose or dispute a qualified healthcare professional's judgement. If you have any questions, please give our office a call or check with your local healthcare professional.