

Friedman Chiropractic, Inc.

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NEWS

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SECRETS OF THE BODY

Health in its broadest sense is dependent upon two fundamental factors: the integrity of the blood supply and the balance of the nervous system. The blood supplies the nourishment and the nerves control the distribution process. Any disturbance of these two factors is the beginning of illness.

Gray's Anatomy states that "the nervous system is the master control of the body." In order to maintain metabolic equilibrium, there must be perfect nerve functioning. The abdominal organs are the sites of great nerve plexuses which control the distribution of blood throughout the body. Neurovascular Dynamics, with its focus on abdominal and digestive health, works with these nerve plexuses.

The flat stomach muscles can reveal the function of the vital organs as the doctor touches the tone or tension level in this area. Too much tension or lack of needed tension in this area can point to compromised nerve and blood supply to remote areas of the body. D.D. Palmer,

D.C., founder of the chiropractic profession, said "tone is the basic principle." A relaxed stomach area indicates good function and excessive or weak tone can point to potential malfunction.

The famous heart surgeon George Crile, M.D.

stated: "Anything that interferes with the nervous system (in the abdomen) will interfere with the function of all organs." He goes on to say: "This area is the place in which we live: the great processes of

"The cause of nerve irritation must be found and removed before the channels can relax and open sufficiently to admit the passage of obstructed fluids."

A.T. Still

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life, of nutrition and elimination, take place here in the abdomen. The brain is like the periscope. It is projected upward to look about, but the great basic fundamental phenomena of life are conducted in this zone of the body.” Tensions in this area reflect emotional, dietary and environmental stressors.

Unless the integrity of this part of the body is intact, vitality cannot be maintained or restored. Neurovascular Dynamics examines the abdomen to locate these blockages. The secret of the body is that there are areas in the abdomen that may be causing our remote discomforts and pains. For example, one person may have headaches related to low-grade gall

bladder irritations, another individual has low back pain from colon inflammation and another shows allergies or sinus inflammation coming from the duodenum.

NVD therapies can flush out these hidden areas and treat them through the abdomen to restore proper tone to the autonomic nervous system. Once obstructions are removed, “the Vital Force” can establish the natural well-being of a person.

Office News: Dr. Friedman is now working most Saturdays.



Pythagorean Center for Natural Healing

A Facility of Friedman Chiropractic Inc.

With the inception of our website, we decided to personalize Friedman Chiropractic, Inc. in honor of a physician-philosopher whose approach to natural healing epitomizes our methods.

His name was Pythagoras.

For more information on this remarkable man, please visit our website.

Applied Kinesiology...

...is a diagnostic tool using the muscle structure of the body to aid in the examination of a patient. Its use allows immediate feedback aiding the doctor in making decisions on what type of care the patient needs.

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