

# Friedman Chiropractic, Inc.

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## STRENGTHENING IMMUNE FUNCTION

At a time when the coronavirus is causing unprecedented fear and disruptions worldwide, this update is to assure all current patients that we are meeting this challenge on both a safety level and on a natural therapy preventive level.

On a safety level, we are cleaning and disinfecting bathrooms, doors, countertops and door knobs several times daily. Hand wipes and sanitizers are available throughout the offices. All treatment tables are completely disinfected after each patient interface. Patients will not spend time in the waiting room, but will be allowed to go directly into treatment rooms. We have a special diffuser in the waiting room cleaning the air as well as air purifiers in each treatment room. We are keeping abreast of any new requirements or suggestions from health authorities.

On confirming patient appointments, we have advised all patients who have cold or flu-like symptoms not to come to the office. These symptoms include shortness of breath, fever, cough, non-allergy sneezing or chills. Any patient exposed to a person with these symptoms is asked to check with their medical provider to determine if they have been exposed to COVID-19 or something else.

Chiropractic is a neurological science and art that employs body therapies to support our autonomic nervous system which defends the body against viral, bacterial, fungal, chemical and environmental toxins. Chiropractic assists in the elimination of all stressors that lower body vitality and resistance.

As we have noted in previous newsletters, 80% of the immune system lives in the intestinal tract, and addressing digestive issues supports health. A chiropractic specialty method in this

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### FRIEDMAN CHIROPRACTIC, INC.

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We invite you to visit our website at [www.FriedmanChiro.com](http://www.FriedmanChiro.com)

office is Neurovascular Dynamics which works with the gut (or the enteric nervous system) both manually and with nutrition.

The 1918 Spanish Flu epidemic killed over 20 million people worldwide, and at that time the fledgling professions of osteopathy and chiropractic had a positive impact upon those suffering. Both professions address the spine and reflexes by similar somatic therapies. Positive results were due to increased blood and lymph circulation. The best records were kept by the osteopaths and reported in: Riley, GW. Osteopathic success in the treatment of influenza and pneumonia. J. Am Osteopathic Assn, 1919: 18:565. During the current pandemic, the medical profession is

treating active infections, but we are working to support the health of those who are well.

We continue to offer dietary, vitamin and herbal therapies that support wellness. One of our key supplement lines is Mediherb, a pharmaceutical grade herb company equal to none. We also use Standard Process Laboratories, the original whole food supplement company. We are available for in-office or telephone/ Skype consultations regarding nutritional suggestions.

Please contact us if you have any questions regarding office safety, or wish further details on our unique natural therapeutics.

**Office News: Dr. Friedman is now working most Saturdays.**



## Pythagorean Center for Natural Healing

A Facility of Friedman Chiropractic Inc.

With the inception of our website, we decided to personalize Friedman Chiropractic, Inc. in honor of a physician-philosopher whose approach to natural healing epitomizes our methods.

His name was Pythagoras.

For more information on this remarkable man, please visit our website.

### Applied Kinesiology...

...is a diagnostic tool using the muscle structure of the body to aid in the examination of a patient. Its use allows immediate feedback aiding the doctor in making decisions on what type of care the patient needs.

**Visit Our Website!**

**[www.FriedmanChiro.com](http://www.FriedmanChiro.com)**

#### DISCLAIMER

This newsletter is intended to provide health information to improve quality of life and assist users to better understand their health and arrange more easily for healthcare services. It is not an attempt to replace the need to seek healthcare services nor to provide specific healthcare advice. Information provided should not be used to diagnose or dispute a qualified healthcare professional's judgement. If you have any questions, please give our office a call or check with your local healthcare professional.